Speech Therapy Targets for "Talking Tunes"

by Diane Dynes, PhD, CCC/SLP-L

Music makes things better including speech and language learning. For children in speech therapy, music can facilitate interaction even with the most severely impaired. "Talking Tunes" by Kelly Donovan is a compilation of songs with specific lyrics that target the areas of: sound production, vocabulary development and social skills training. This CD is unique as a tool for speech therapy because the music incorporates characteristics that benefit speech delayed children. The repetition of sounds, syllables and words that were chosen based on motor complexity provide more practice with targets. The music is slower and some of the sounds are prolonged providing time for the speech delayed child to participate. Many songs incorporate the use of 'echo' encouraging speech imitation and turn taking in a motivating and fun medium. The lyrics talk about everyday routines with concrete terms that reduce the "cognitive load" for children that process at a slower rate. All the songs were written to be engaging for both typical and speech-impaired children creating greater opportunities for inclusion and modeling.

The following is a listing of the language targets, speech sound targets and the suggested movements along with the lyrics for each track on the CD. Enjoy!



Fly to the Moon

This song gives frequent opportunities to practice the vowel shapes and it tells a wonderful story about a child going to the moon with sound effects that add to the imagination

Language Targets:

vocabulary related to space "sky", "moon", "stars", "rocket ship"

Speech Sound Targets:

- Vowel practice with /oo/
- "moon" "soon" "zoom"

Suggested Movements:

act out building a rocket ship; arms out flying; catching stars



I am a Tree

It is always an added bonus when a children's song is written in the jazz genre. This tune allows for frequent listening and practice of the vowel shape /ee/ as the singer holds the sound making it stand out and giving enough time for kids to join in.

Language Targets:

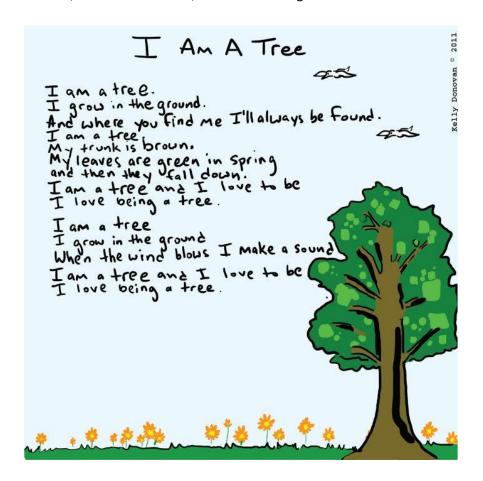
- Sequence of tree growing
- vocabulary of tree parts and colors

Speech Sound Targets:

- vowel practice /ee/
- "tree", "be" "me"
- vowel sequence practice "oo ah oo"

Suggested Movements:

Stand tall like a tree, arms out for leaves, fall down to the ground



Uh Oh

The title tells you that the song will offer practice with classic interactive phrases but it also has the added bonus of explaining that accidents happen and it really isn't that bad.

Language Targets:

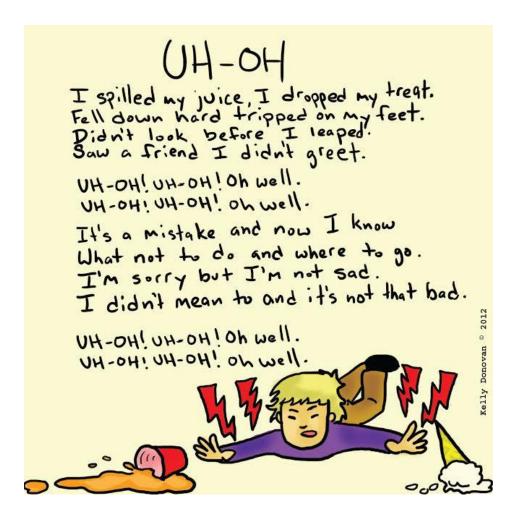
social understanding that mistakes happen

Speech Sound Targets:

- vowel practice /oh/
- vowel sequence practice "uh oh"
- vowel-consonant-vowel "oh well"

Suggested Movements:

 the practice with the interactive phrases ("uh oh" and "oh well")can be accompanied with facial expressions



Outside

This song offers frequent opportunity for motor speech practice using CVC words that are repeated in 'threes' and the timing is slow enough to allow children with speech impairments to participate.

Language Targets:

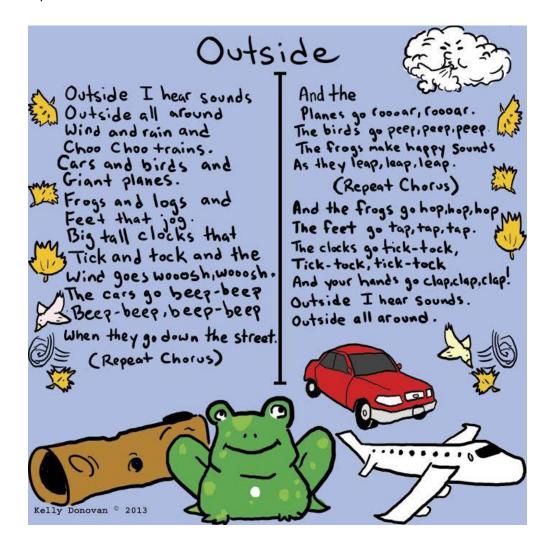
vocabulary related to familiar things outside and their associated sounds

Speech Sound Targets:

- environmental sounds
- CVC practice with early sounds "hop", "beep", "tap", "peep""tick" "woosh", "drop"

Suggested Movements:

the CVC practice of the environmental sounds is the focus



Jump Up

Another favorite that offers numerous opportunities for not only speech imitation but also a great song for learning prepositions and verbs.

Language Targets:

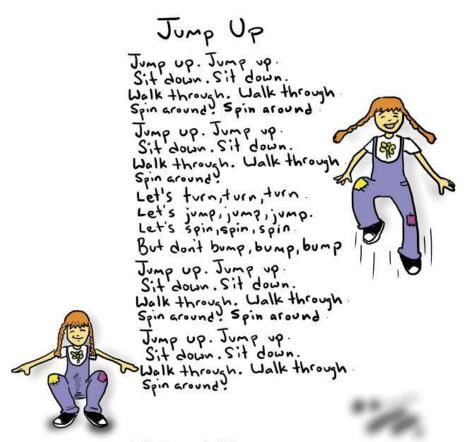
- locations words including "up", "down", "through", "around"
- action words including "jump", "sit", "walk", "spin", "turn"
- 2 word combinations "jump up", "sit down", "walk through"

Speech Sound Targets:

The echo in the verses encourage the imitation of the words

Suggested Movements:

each action is easily performed during the song



Kelly Donovan © 2012

The Peanut Butter Song

Songs about food are a nice addition to a CD compilation for speech therapy. This song has some funny phrases sung with intonation that will keep the child's attention.

Language Targets:

- vocabulary practice with body parts "toes", "nose", "face"
- song about food for encouraging eating

Speech Sound Targets:

- interactive phrases "ewww"
- listening to rhyming words

Suggested Movements:

pointing to body parts while saying them in the song

Pean of butter, pean of butter on my togst. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter you're the best. HEY, Pean of butter! You made a mess!! Pean of butter, pean of butter on my nose. Pean of butter, pean of butter on my toes. Pean of butter, pean of butter on my shoe. Pean of butter, pean of butter on my shoe. Pean of butter, pean of butter every place. OH, Pean of butter, you're on my face! Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most. Pean of butter, pean of butter love you most.

Let's Take a Bath

A song that highlights the steps in an everyday routine is a great way to help a child understand the sequence. The lyrics are repetitive and easy to recall for singing along while taking a bath.

Language Targets:

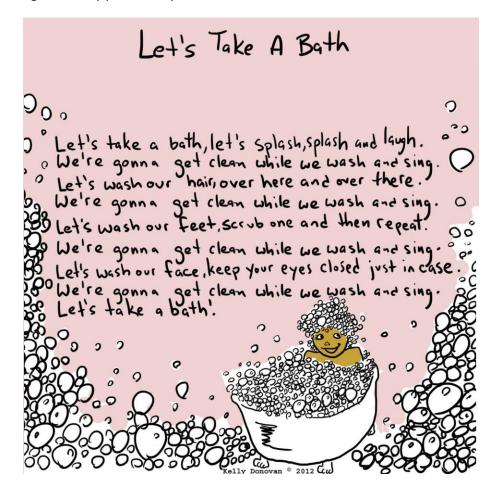
- vocabulary practice with body parts "hair", "feet", "face"
- sequence of taking a bath

Speech Sound Targets:

- listening to rhyming words
- vowel practice with /aa/ "bath" "splash" "laugh"

Suggested Movements:

- Acting out washing and splashing in the bath
- Washing each body part as they are mentioned



Pick Up Your Stuff

It is important to have a good clean up song and this one is perfect because the lyrics talk about what to do. The repetitive line is simple and the children will continue singing it long after the song is over.

Language Targets:

sequence to cleaning up explaining what to do "the toys go in the box", "the books go on the shelf", "the clothes go in the dresser"

Speech Sound Targets:

frequent opportunity to practice simple phrases "pick up", "put away"

Suggested Movements:

the song lends itself to be used during clean up time



Stay Warm

This song puts in simple terms the reason we need to put on our coat in the cold weather. The tune leaves ample room for the child to echo the carrier phrase "I need my" as each piece of clothing is named.

Language Targets:

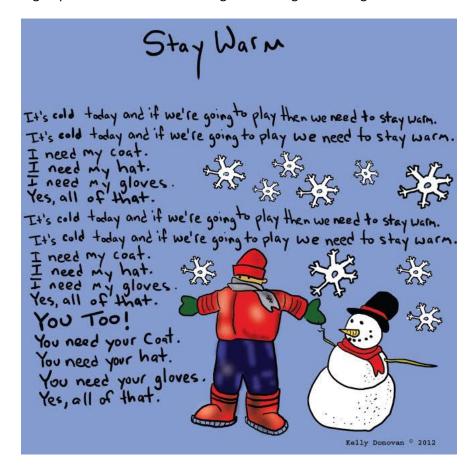
- vocabulary practice with clothes
- practice with carrier phrase "I need..."
- concept of cold weather

Speech Sound Targets:

- practice with 'yes'
- listening to rhyming words

Suggested Movements:

pretending to put on each item of clothing as it is sung in the song



Goodnight Sun

A song for the bedtime routine that combines 'goodnight' with different things you see at night. The lyrics lend themselves to be expanded to say 'goodnight' to other favorites in a child's life.

Language Targets:

- frequent practice with two word combinations "goodnight sun", "goodnight moon" "goodnight trees" "goodnight sun"
- concept of day and night

Speech Sound Targets:

- practice with 'goodnight' or replace with 'nite nite'
- practice with 'wake up'
- listening to rhyming words

Suggested Movements:

- sign for 'goodnight' and 'wake up'
- combining the sign for 'goodnight' and the objects: sun, moon, tree



Stinky Song

This song is a very concrete explanation of why the child needs to take a shower or bath presented in a fun, interactive way.

Language Targets:

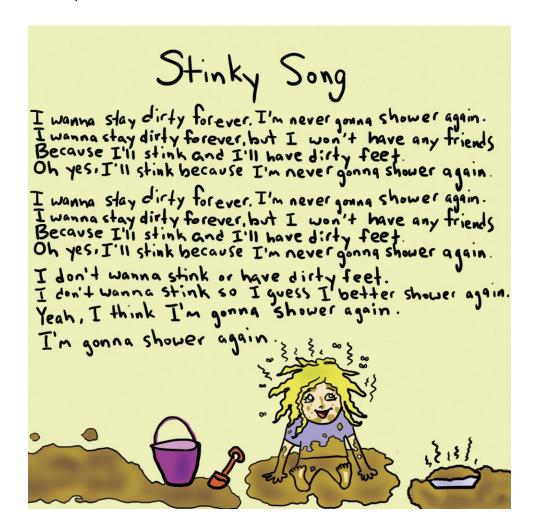
concept of why you take a shower/bath

Speech Sound Targets:

CVCV practice with early sounds "dirty"

Suggested Movements:

action for 'stinky'



My Dinosaur

This song makes a person feel like the dinosaur is in the room. It is timed so well that it is easy to stomp along and imagine having your own pretend dinosaur.

Language Targets:

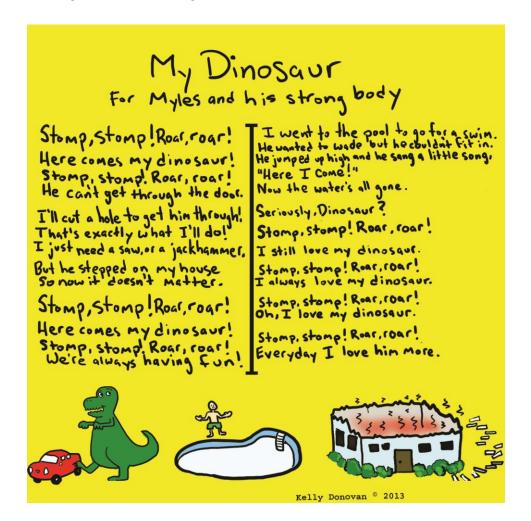
- imaginative story about a dinosaur actions
- concepts of big

Speech Sound Targets:

repetitive practice with 'stomp stomp' and 'roar roar'

Suggested Movements:

the song lends itself to doing the actions of the dinosaur.



Hands and Feet

This song takes advantage of having fun with having your hands and feet talk to each other. The change of voices help high light turn taking and imitation of simple greetings.

Language Targets:

- practice with greeting and asking 'how you doing?'
- body parts

Speech Sound Targets:

- vowel practice with /eee/
- frequent practice with the words 'feet', 'hands', 'meet'
- practice with saying 'hey'
- listen to the rhyming words

Suggested Movements:

- practice with waving your right hand and then your left hand, "waving" right foot and then"waving" with the left foot
- have hands come together to 'meet' and feet come together to 'meet'



Please, Please, Please

In this song, children not only learn the manner words but also when to use them and why. The chain of three for 'please' gives ample time for listening and practice.

Language Targets:

concepts of manners and when to use them

Speech Sound Targets:

- frequent practice saying the words 'please' and 'thank you'
- vowel practice with 'e'

Suggested Movements:

sign for 'please' and 'thank you'



I Love You Everyday

Every children's album needs a song about love and this one is one that will stay with you all day.

Language Targets:

song about LOVE

Speech Sound Targets:

frequent imitation practice with "I love you"

Suggested Movements:

use the sign for "love"

